

## Post Hill Race

### Provisional Results - 2019 November 9

Pos	Male	Name	Club	Time	Females	Other	Pos
1	M	Jonathan Johnson	Rotherham	20:09			1
2	M	Ciaran Forde	Leeds City	20:12			2
3	M	Matt Livesey	Pudsey Pacers	20:30			3
4	M	Jonathan Young	Valley Striders	20:53			4
5	MV40-49	Neil Armitage	Pudsey & Bramley	21:36			5
6	M	Simon Jones	Abbey Runners	22:06			6
7	M	Declan Walker	Pudsey & Bramley	22:59			7
8	M	Richard Herrington	St Theresa's	23:00			8
9	M	Calum Clark	--	23:07			9
10	MV50-59	Gary Devine	Pudsey & Bramley	23:11			10
11	M	Oliver Gregory	Farsley Flyers	23:16			11
12	MV40-49	Darran Ward	Pudsey Pacers	23:18			12
13	MV40-49	Rich Allen	Pudsey Pacers	23:19			13
14	MV40-49	Graham Pilling	Pudsey & Bramley	23:43			14
15		Rachel Pilling	Pudsey & Bramley	23:47	F		15
16	MV40-49	Rob Greenland	Chapel Allerton	24:00			16
17	M	Jonathan Moon	Sowerby Bridge Snails	24:05			17
18	MV50-59	Paul Murgatroyd	South Leeds Lakers	24:08			18
19	M	Mick Egan	--	24:21			19
20	MV40-49	Christopher Danby	--	24:23			20
21	MV40-49	Steve Charlton	--	24:36			21
22	MV40-49	Joe Steele	Roundhay Runners	24:40			22
23	MV40-49	Richard Butterwick	Todmorden H	24:49			23
24	M	Daryl Young	South Leeds Lakers	25:05			24
25	MV50-59	Mark Orbell	Pudsey Pacers	25:24			25

## Post Hill Race

### Provisional Results - 2019 November 9

Pos	Male	Name	Club	Time	Females	Other	Pos
26	MV40-49	Bryan Harrod	Penistone	25:27			26
27	M	Adam Hind	--	25:42			27
28		Nicola Walmsley	Roundhay Runners	25:54	F		28
29	MV50-59	Peter Kerridge	Todmorden H	26:01			29
30		Wesley Cowling	--	26:09		Non-binary	30
31	MV50-59	David Mullen	--	26:12			31
32		Faye Mullen	--	26:15	F		32
33	MV50-59	Martin Holding	Wakefield	26:18			33
34	MV40-49	Adrian Gough	Barnsley AC	26:29			34
35		Emily Berg	South Leeds Lakers	26:32	FV40-49		35
36	MV40-49	Robert Greaves	Pudsey Pacers	26:40			36
37	MV40-49	Jonathan Ogle	Handsworth Roadhogs	26:50			37
38	MV40-49	Andy Mill	Abbey Runners	26:54			38
39		Steven Woods	Northern Masters	27:10			39
40	MV40-49	Andrew Parlour	Bramley Breezers	27:11			40
41	MV40-49	Sean Scollen	--	27:18			41
42		No number		27:21			42
43		Niamh Jackson	Roundhay Runners	27:24	F		43
44	M	Wesley King	--	27:35			44
45		Steven Carter	Fellandale	27:38			45
46	MV40-49	Andy Thorp	--	27:45			46
47	M	Matthew Spence	--	27:50			47
48	M	Les Cook	--	28:02			48
49	M	Daniel Gaunt	St Theresa's	28:05			49
50	MV40-49	Andrew Corker	--	28:08			50

## Post Hill Race

### Provisional Results - 2019 November 9

Pos	Male	Name	Club	Time	Females	Other	Pos
51		Laura Hastings	Hyde Park	28:11	F		51
52		Matthew Smith	Stadium Runners	28:14		Non-binary	52
53		Tracey Gallagher	Pudsey Pacers	28:17	F		53
54	M	Andrew Brooks	--	28:19			54
55	MV40-49	Ian Hassleden	--	28:19			55
56	M	Ali Ameri	Abbey Runners	28:23			56
57	M	Tom Perkin	Farsley Flyers	28:32			57
58		Howard Jeffrey	Otley	28:38			58
59	MV40-49	David Mellor	St Theresa's	28:47			59
60		Craig Orr	Wakefield	28:51			60
61	M	Finn Duncan	--	29:03			61
62	MV40-49	Matt Ellis	Abbey Runners	29:04			62
63		Marion Muir	Kirkstall	29:05		FV40-49	63
64	M	Nick Greenwood	Stadium Runners	29:07			64
65		Rowena Skelhorn	Rothwell	29:12		FV40-49	65
66	MV40-49	Roy Banks	--	29:20			66
67		Paul Bennett	Bramley Breezers	29:23			67
68	M	Ben Willis	--	29:33			68
69		James Whittaker	Abbey Runners	29:44			69
70	M	Haydn Harrison	Bramley Breezers	30:09			70
71		Angela Pattinson	Horsforth	30:12		FV50-59	71
72		Sarah Waite	Rothwell	30:15	F		72
73	MV40-49	Colin Simpson	--	30:18			73
74		Christopher Glover	Kirkstall	30:25			74
75	MV50-59	Andrea Douglas	Bramley Breezers	30:32		FV40-49	75

## Post Hill Race

### Provisional Results - 2019 November 9

Pos	Male	Name	Club	Time	Females	Other	Pos
76	MV50-59	Tony Bastin	Abbey Runners	30:41			76
77		Laura Phillips	Abbey Runners	30:50	F		77
78	M	James Ward	Bramley Breezers	30:53			78
79	MV40-49	Philip Middleton	--	30:54			79
80	MV40-49	Matthew Hunt	Pudsey Pacers	30:56			80
81	MV40-49	Mark Doyle	Farsley Flyers	31:18			81
82	MV50-59	Graeme Littlewood	--	31:20			82
83	MV40-49	Paul Day	Bramley Breezers	31:24			83
84		Sarah Denton	--	31:28	FV40-49		84
85	MV40-49	Nigel Taylor	Halifax	31:31			85
86	MV50-59	Don Harrison	Bramley Breezers	31:36			86
87		Lesley Connors	Vegan Runners UK	31:51	FV40-49		87
88		Denise McGeachy	Chapel Allerton	32:13	FV40-49		88
89	MV40-49	Francis Fowles	Pudsey Pacers	32:26			89
90	MV50-59	Kirk Douglas	Bramley Breezers	32:30			90
91		Joanne Ward	Farsley Flyers	32:35		FV50-59	91
92	M	Stewart Forsyth	South Leeds Lakers	32:52			92
93		Ken Fox	Valley Striders	32:58			93
94	MV40-49	Richard Cooke	Lonely Goat RC	33:10			94
95	MV50-59	Martin Scott	Pudsey Pacers	33:14			95
96		Sharon Bottomley	South Leeds Lakers	33:15	FV40-49		96
97		Laura Henson	Farsley Flyers	33:23		F	97
98	MV40-49	Ian Pickles	South Leeds Lakers	33:30			98
99		Gillian Nesbitt	Abbey Runners	33:39	FV40-49		99
100		Ange Ellis	Abbey Runners	33:46	FV40-49		100

## Post Hill Race

### Provisional Results - 2019 November 9

Pos	Male	Name	Club	Time	Females	Other	Pos
101	MV40-49	Adam Gallagher	Pudsey Pacers	34:07			101
102		John Ackroyd	Abbey Runners	34:21			102
103	MV40-49	Thomas Armstrong	--	34:34			103
104		Liz Willis	Abbey Runners	34:43	FV50-59		104
105	MV40-49	Thomas Lawrence	--	34:45			105
106	M	Maris Basko	Bramley Breezers	34:50			106
107		Lisa Hulme-Vickerstaff	Abbey Runners	34:53	FV50-59		107
108		Liene Basko	--	35:00		F	108
109		Cheryl Harrison	Bramley Breezers	35:05	FV50-59		109
110		Tracey Kerridge	Sowerby Bridge Snails	35:23	FV50-59		110
111		Vicky McCreddie	Bramley Breezers	35:37	FV40-49		111
112		Suzanne Waterhouse	Bramley Breezers	35:37	FV40-49		112
113		Jacqueline Elmer	Kirkstall	35:47	FV40-49		113
114		Amanda Murray-Hind	Bramley Breezers	35:48	FV40-49		114
115	MV40-49	Glen Sutcliffe	--	35:55			115
116		Paula Johnston	Bramley Breezers	35:55	FV50-59		116
117		John Appleyard-Tatum	Bramley Breezers	35:55			117
118		Alyson Glover	Kirkstall	36:14	FV50-59		118
119		Katie Johnson	Bramley Breezers	36:54		F	119
120		Laura Davis	Bramley Breezers	37:06		F	120
121		Peter Hey	Kirkstall	37:28			121
122		Wendy Mundy	Farsley Flyers	40:24	FV50-59		122
123		Sue Matthews	Farsley Flyers	41:35	FV50-59		123
124		Chris Wood	--	42:26			124
125		Rachel Roberts	Roundhay Runners	43:11		F	125

**Post Hill Race**  
**Provisional Results - 2019 November 9**

Pos	Male	Name	Club	Time	Females	Other	Pos
126	MV50-59	Dean Clapshaw	--	43:29			126
127	MV50-59	Tony Dunning	--	43:29			127
128				00:00			128
129	MV50-59	John Hewson	Bramley Breezers	DNF			129